## QTC Coaching Schedule - Term 1 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot Shots Blue	<b>Hot Shots Red</b>	Wednesday Ladies	Hot Shots Blue	Adult Intermediate	Hot Shots Blue	Social Tennis
3:30 – 4:00pm	4:00 – 4:45pm	Fixtures	3:30 – 4:00pm	9:00 – 10:00am	8:15 – 8:45am	3:00 – 6:00pm
		9:00 – 11:00am			8:45 – 9:15am	
<b>Hot Shots Red</b>	<b>Hot Shots Orange</b>		<b>Hot Shots Red</b>	Orange Ball Fixtures		
4:00 – 4:45pm	4:00 – 5:00pm	<b>Hot Shots Red</b>	4:00 – 4:45pm	4:00 – 5:30pm	<b>Hot Shots Red</b>	
4:45 – 5:30pm	5:00 – 6:00pm	4:00 – 4:45pm	Hot Shots Orange	Green Ball Fixtures	7:45 – 8:30am	
<b>Hot Shots Orange</b>	Hot Shots Green	<b>Hot Shots Red Graduate</b>	4:00 – 5:00pm	4:00 – 5:30pm	8:30 – 9:15am	
4:00 – 5:00pm	4:00 – 5:00pm	Souad	5:00 – 6:00pm	4.00 – 3.30pm	9:15 – 10:00am	
5:00 – 6:00pm	5:00 – 6:00pm	4:00 – 5:00pm	3.00 - 6.00pm	<b>Yellow Ball Fixtures</b>	10:00 – 10:45am	
3.00 - 0.00pm	3.00 - 0.00pm	4.00 – 3.00pm	<b>Orange Performance</b>	4:00 – 5:30pm		
<b>Orange Performance</b>	<b>Green Performance</b>	<b>Hot Shots Orange</b>	4:00 – 5:30pm		<b>Hot Shots Red Graduate</b>	
4:00 – 5:30pm	4:00 – 5:30pm	4:00 – 5:00pm	i i	QTC UTR Premier	Squad	
		·	<b>Green Performance</b>	League Fixtures	9:15 – 10:15am	
<b>Hot Shots Green</b>	<b>Transition Squad</b>	<b>Hot Shots Green</b>	4:00 – 5:30pm	5:30 – 8:00pm	Hat Shata Oranga	
5:00 – 6:00pm	5:00 - 6:30pm	5:00 – 6:00pm	Hat Chata Cuasa		Hot Shots Orange	
Davida amont Carred	Development Coverd	David annual Court	Hot Shots Green		8:00 – 9:00am	
Development Squad	Development Squad	Development Squad	5:00 – 6:00pm		9:00 – 10:00am	
Performance Tier 2	Performance Tier 1	Performance Tier 2	Development Squad		<b>Hot Shots Green</b>	
5:30 – 7:30pm	5:30 – 7:30pm	5:30 – 7:30pm	Performance Tier 1		10:00 – 11:00am	
Teen Tennis	Teen Tennis	<b>Development Squad</b>	5:30 – 7:30pm		11:00 – 12:00pm	
6:00 – 7:00pm	6:00 - 7:00pm	6:00 – 7:30pm				
		and a seeping	<b>Development Squad</b>		Teen Tennis	
<b>Development Squad</b>	Social Tennis	Teen Tennis	Performance Tier 2		10:00 – 11:00am	
6:00 – 7:30pm	7:00 – 10:00pm	6:00 - 7:00pm	5:30 – 7:30pm		11:00 – 12:00pm	
Adult Novice	Adult Novice	Adult Novice	Teen Tennis		Adult Novice	
7:30 – 8:30pm	7:30 – 8:30pm	7:30 – 8:30pm	6:00 – 7:00pm		9:00 – 10:00am	
7.30 0.30pm	7.30 0.30pm	7.30 0.30pm	0.00 7.00pm		3100 201000111	
Adult Intermediate	<b>Adult Intermediate</b>	Adult Intermediate	<b>Adult Novice</b>		Adult Intermediate	
7:30 – 8:30pm	7:30 – 8:30pm	7:30 – 8:30pm	7:30 – 8:30pm		8:00 – 9:00am	
Adult Advanced	Cardio Tennis/Hit Fit	Adult Advanced	Adult Intermediate		Super League	
7:30 – 9:00pm	7:30 – 8:30pm	7:30 – 9:00pm	7:30 – 8:30pm		1:30 – 5:30pm	
		Wednesday Open	Thursday Singles			
		Fixtures	Fixtures			
		7:30 – 10:00pm	7:30 – 10:00pm			