

## QTC Coaching Schedule - Term 4 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Hot Shots Blue</b> 3:30 – 4:00pm	<b>Hot Shots Red</b> 4:00 – 4:45pm	<b>Wednesday Ladies Fixtures</b> 9:00 – 11:00am	<b>Hot Shots Blue</b> 3:30 – 4:00pm	<b>Adult Intermediate</b> 9:00 – 10:00am	<b>Hot Shots Blue</b> 8:15 – 8:45am 8:45 – 9:15am	<b>Social Tennis</b> 3:00 – 6:00pm
<b>Hot Shots Red</b> 4:00 – 4:45pm 4:45 – 5:30pm	<b>Hot Shots Orange</b> 4:00 – 5:00pm 5:00 – 6:00pm	<b>Hot Shots Red</b> 4:00 – 4:45pm	<b>Hot Shots Red</b> 4:00 – 4:45pm	<b>Orange Ball Fixtures</b> 4:00 – 5:30pm	<b>Hot Shots Red</b> 7:45 – 8:30am	
<b>Hot Shots Orange</b> 4:00 – 5:00pm 5:00 – 6:00pm	<b>Hot Shots Green</b> 4:00 – 5:00pm 5:00 – 6:00pm	<b>Hot Shots Red Graduate Squad</b> 4:00 – 5:00pm	<b>Hot Shots Orange</b> 4:00 – 5:00pm 5:00 – 6:00pm	<b>Green Ball Fixtures</b> 4:00 – 5:30pm	8:30 – 9:15am 9:15 – 10:00am 10:00 – 10:45am	
<b>Orange Performance</b> 4:00 – 5:30pm	<b>Green Performance</b> 4:00 – 5:30pm	<b>Hot Shots Orange</b> 4:00 – 5:00pm	<b>Orange Performance</b> 4:00 – 5:30pm	<b>Yellow Ball Fixtures</b> 4:00 – 5:30pm	<b>Hot Shots Red Graduate Squad</b> 9:15 – 10:15am	
<b>Hot Shots Green</b> 5:00 – 6:00pm	<b>Transition Squad</b> 5:00 - 6:30pm	<b>Hot Shots Green</b> 5:00 – 6:00pm	<b>Green Performance</b> 4:00 – 5:30pm	<b>QTC UTR Premier League Fixtures</b> 5:30 – 8:00pm	<b>Hot Shots Orange</b> 8:00 – 9:00am 9:00 – 10:00am	
<b>Development Squad Performance Tier 2</b> 5:30 – 7:30pm	<b>Development Squad Performance Tier 1</b> 5:30 – 7:30pm	<b>Development Squad Performance Tier 2</b> 5:30 – 7:30pm	<b>Hot Shots Green</b> 5:00 – 6:00pm		<b>Hot Shots Green</b> 10:00 – 11:00am 11:00 – 12:00pm	
<b>Teen Tennis</b> 6:00 – 7:00pm	<b>Teen Tennis</b> 6:00 - 7:00pm	<b>Development Squad</b> 6:00 – 7:30pm	<b>Development Squad Performance Tier 1</b> 5:30 – 7:30pm		<b>Teen Tennis</b> 10:00 – 11:00am 11:00 – 12:00pm	
<b>Development Squad</b> 6:00 – 7:30pm	<b>Social Tennis</b> 7:00 – 10:00pm	<b>Teen Tennis</b> 6:00 - 7:00pm	<b>Development Squad Performance Tier 2</b> 5:30 – 7:30pm			
<b>Adult Novice</b> 7:30 – 8:30pm	<b>Adult Novice</b> 7:30 – 8:30pm	<b>Adult Novice</b> 7:30 – 8:30pm	<b>Teen Tennis</b> 6:00 – 7:00pm		<b>Adult Novice</b> 9:00 – 10:00am	
<b>Adult Intermediate</b> 7:30 – 8:30pm	<b>Adult Intermediate</b> 7:30 – 8:30pm	<b>Adult Intermediate</b> 7:30 – 8:30pm	<b>Adult Novice</b> 7:30 – 8:30pm		<b>Adult Intermediate</b> 8:00 – 9:00am	
<b>Adult Advanced</b> 7:30 – 9:00pm	<b>Cardio Tennis/Hit Fit</b> 7:30 – 8:30pm	<b>Adult Advanced</b> 7:30 – 9:00pm	<b>Adult Intermediate</b> 7:30 – 8:30pm		<b>Super League</b> 1:30 – 5:30pm	
		<b>Wednesday Open Fixtures</b> 7:30 – 10:00pm	<b>Thursday Singles Fixtures</b> 7:30 – 10:00pm			

*Please note: class times are subject to change*